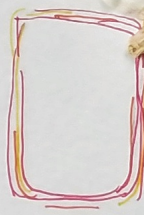
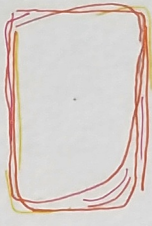
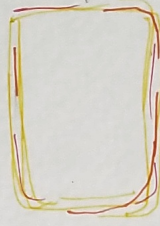




Focus
- need to hear, think, understand most.

Practical steps



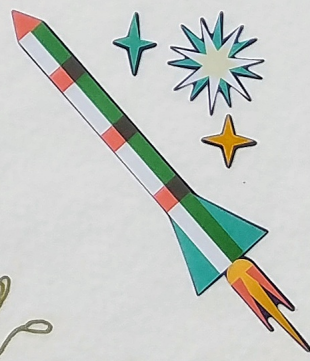
Blind Spot
negative habit/
to let go of

Enlight
#1 stuck point to focus on hopes/fears

Personal Strength
to embrace

universal process

Cause
trauma to address, heal



Unstuck & Empowered



Light

Spotlight

*Show
Off*

Express

Desire

Blindspot

Shame

Repress

Fear

Dark